

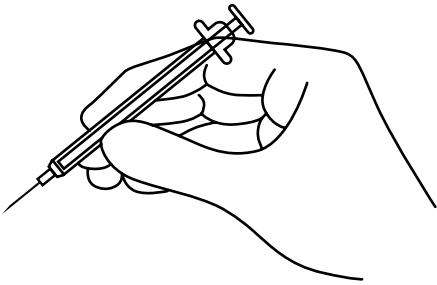


# ADMINISTRATION INSTRUCTIONS

## INJECTION SITE DIAGRAMS

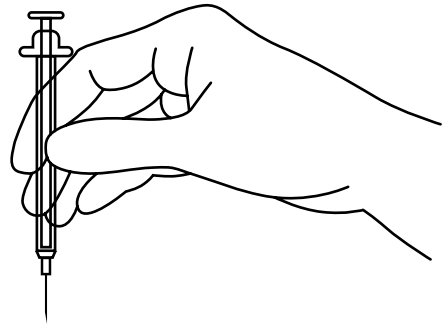
### HOLDING THE SYRINGE

#### SUBCUTANEOUS NEEDLE



Hold the syringe at an approximate 45° angle.

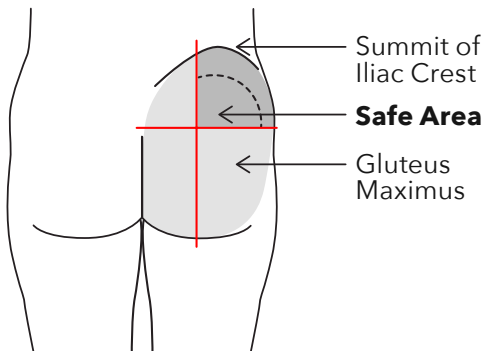
#### INTRAMUSCULAR NEEDLE



Hold the syringe at an approximate 90° angle.

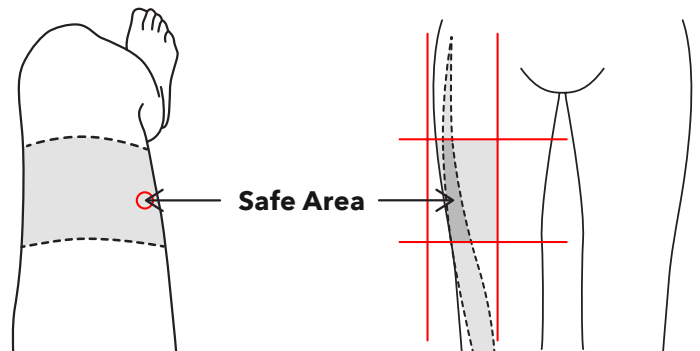
### INJECTING INTO SAFE AREAS

#### GLUTE INJECTION



Suitable for Subcutaneous and Intramuscular injections.  
To find the glute injection site, imagine dividing each buttock into four parts. Aim the injection into the upper, outer quarter of the buttock towards the hip bone (Approximately at the top of where a pants pocket would be.)

#### THIGH INJECTION



Suitable for Subcutaneous and Intramuscular injections.  
To find the thigh injection site, make an imaginary box on the upper leg. Find the groin. One hand's width below the groin becomes the upper border of the box. Find the top of knee. One hand's width above the top of the knee becomes the lower border of the box.

### CONTACT US

Our Patient Care Team is available weekdays 8am - 4pm (AEST).  
For queries outside these hours please email us.

☎ 1300 100 640

✉ [patientcare@regenmeddirect.com.au](mailto:patientcare@regenmeddirect.com.au)

🌐 [www.regenmeddirect.com.au](http://www.regenmeddirect.com.au)